



2024 DES MOINES CORPORATE GAMES SPORT & EVENT SCHEDULE

Division 4



***NOTE: The Duathlon and Triathlon will take place May 19, 2024**

June 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					31 Sand Volleyball	1
2 Fitness Walk	3 3 on 3 Bball Division 4 - Women Burst Your Thirst Begins	4	5	6 3 on 3 Bball Division 4 Men	7	8
9 Pickleball	10 Track & Field	11	12	13	14 Virtual Fitness Walk Begins	15
16	17 Learn & Earn Virtual Fitness Walk Ends	18	19 Trivia	20	21 Learn and Earn Ends	22 Ultimate
23 Cycling Tour Ride	24	25	26	27 Dodgeball	28 Burst Your Thirst Ends	29 Yoga
30						
July 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8 Bowling Division 4 - All	9	10	11	12	13 XC Race
14	15 Virtual Fitness Class	16	17 Bags	18	19 Road Race Packet Pick-up	20 Road Race
21 Disc Golf	22 Ping Pong	23	24	25	26	27 Golf Division 4 - Coed
28 Golf Division 4 – Men & Women	29	30	31 Tug of War			